

**TCYFL CONSTITUTION SCHEDULE H – WEIGHT / AGE PARAMETERS
2009 Season**

	Maximum Weight (1)	Maximum Age (2)
<u>Heavyweight</u>		
Regular	168 lbs.	14
Striper (ineligible ball carrier)	Over 168 lbs.	14
<u>Lightweight</u>		
Regular	123 lbs.	14
“Younger/Heavier” - Pac 10 and MAC only	133 lbs.	12
“Younger/Heavier - Striper ” - Pac 10 only	143 lbs.	12
“Younger/Heavier Exception - Double Striper ” - Pac 10 only	(3)	12
<u>Middleweight</u>		
Regular	107 lbs.	12
“Older/Lighter”	87 lbs.	13
“Younger/Heavier” - Pac 10 and MAC only	117 lbs.	10
“Younger/Heavier - Striper ” - Pac 10 only	127 lbs.	10
“Younger/Heavier Exception - Double Striper ” - Pac 10 only	(3)	10
<u>Featherweight</u>		
Regular	97 lbs.	10
“Older/Lighter”	77 lbs.	11
“Younger/Heavier” - Pac 10 only	107 lbs.	8
“Younger/Heavier - Striper ” - Pac 10 only	117 lbs.	8
“Younger/Heavier Exception - Double Striper ” - Pac 10 only	(3)	8
<u>Bantam</u>		
Regular	87 lbs.	8
“Older/Lighter”	57 lbs.	9
“Younger/Heavier” - Pac 10 only	97 lbs.	6
“Younger/Heavier - Striper ” - Pac 10 only	107 lbs.	6
“Younger/Heavier Exception - Double Striper ” - Pac 10 only	(3)	6

NOTES:

1. The Maximum Weights are effective for the first game of the season. All weight limits for each level will increase by one-half pound per week for the entire season, including any playoff games. The Maximum Weights include minimum clothing and/or pad requirements.
2. Player age as of September 1. Players cannot be enrolled in High School.
3. “Younger/Heavier Exception - Double Striper” players must be approved prior to game play by the TCYFL Executive Board and League Council, with a maximum of one “Double Striper” per team.
4. A team may roster no more than six “Younger/Heavier Stripers”, no more than one of which may be a “Double Striper” player. A maximum of three “Younger/Heavier Stripers”, including no more than one “Double Striper”, may be on the field at any one time.

**TCYFL CONSTITUTION SCHEDULE I (SUPPLEMENT TO SCHEDULE H)
 2009 WEEKLY WEIGHT AND AGE PARAMETERS
 SCHEDULE H SUPPLEMENT - TCYFL WEIGHT PARAMETERS (Maximum Weights)**

Week:	1	2	3	4	5	6	7	8	9	10	11
Heavyweight											
Regular (ball carrier)	168.0	168.5	169.0	169.5	170.0	170.5	171.0	171.5	172.0	172.5	173.0
Striper	n.a.	n.a.	n.a.	n.a.	n.a.	n.a.	n.a.	n.a.	n.a.	n.a.	n.a.
Lightweight											
Regular	123.0	123.5	124.0	124.5	125.0	125.5	126.0	126.5	127.0	127.5	128.0
Younger/Heavier	133.0	133.5	134.0	134.5	135.0	135.5	136.0	136.5	137.0	137.5	138.0
Younger/Heavier Striper	143.0	143.5	144.0	144.5	145.0	145.5	146.0	146.5	147.0	147.5	148.0
Younger/Heaver Double Striper	n.a.	n.a.	n.a.	n.a.	n.a.	n.a.	n.a.	n.a.	n.a.	n.a.	n.a.
Middleweight											
Regular	107.0	107.5	108.0	108.5	109.0	109.5	110.0	110.5	111.0	111.5	112.0
Older/Lighter	87.0	87.5	88.0	88.5	89.0	89.5	90.0	90.5	91.0	91.5	92.0
Younger/Heavier	117.0	117.5	118.0	118.5	119.0	119.5	120.0	120.5	121.0	121.5	122.0
Younger/Heavier Striper	127.0	127.5	128.0	128.5	129.0	129.5	130.0	130.5	131.0	131.5	132.0
Younger/Heaver Double Striper	n.a.	n.a.	n.a.	n.a.	n.a.	n.a.	n.a.	n.a.	n.a.	n.a.	n.a.
Featherweight											
Regular	97.0	97.5	98.0	98.5	99.0	99.5	100.0	100.5	101.0	101.5	102.0
Older/Lighter	77.0	77.5	78.0	78.5	79.0	79.5	80.0	80.5	81.0	82.5	83.0
Younger/Heavier	107.0	107.5	108.0	108.5	109.0	109.5	110.0	110.5	111.0	111.5	112.0
Younger/Heavier Striper	117.0	117.5	118.0	118.5	119.0	119.5	120.0	120.5	121.0	121.5	122.0
Younger/Heaver Double Striper	n.a.	n.a.	n.a.	n.a.	n.a.	n.a.	n.a.	n.a.	n.a.	n.a.	n.a.
Bantam											
Regular	87.0	87.5	88.0	88.5	89.0	89.5	90.0	90.5	91.0	91.5	92.0
Older/Lighter	57.0	57.5	58.0	58.5	59.0	59.5	60.0	60.5	61.0	61.5	62.0
Younger/Heavier	97.0	97.5	98.0	98.5	99.0	99.5	100.0	100.5	101.0	101.5	102.0
Younger/Heavier Striper	107.0	107.5	108.0	108.5	109.0	109.5	110.0	110.5	111.0	111.5	112.0
Younger/Heaver Double Striper	n.a.	n.a.	n.a.	n.a.	n.a.	n.a.	n.a.	n.a.	n.a.	n.a.	n.a.

Each weight limit increases by one-half of one pound per week for the entire season, including playoffs and championships.

Each player **MUST** wear a minimum of: football pants with pads and/or girdle if applicable and a shirt.

Players may remove **ONLY** their shoes, socks, helmet, jersey, shoulder pads and rib pads for weigh in.

Neither coaches nor the Field Marshall may waive the weight limit or permit any exception to the weigh in rules of any kind.